



News of the Nation



ASENIWUCHE WINEWAK NATION COMMUNITY NEWSLETTER SEPTEMBER 2016

ONOCIHITOWIPISIM THE MATING MOON OR MONTH



PICTURE OF THE MONTH: Goodbye warm summer months & onto those chilly fall months.

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STEW & BANNOCK

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PARENT LINK CENTRE

ConocoPhillips
Canada



Little Toes – Winter Warmers Program 2016

ConocoPhillips Canada is pleased to offer the 'Little Toes' – Winter Warmers Program once again; we would like to personally thank you and your community for making the 2013-2015 Winter Warmers program such a success! The program is designed to assist in keeping Head Start and Kindergarten students warm and cozy thorough the cold winter months. We were in attendance to this years "Stay In school" celebration taking measurement, if I missed you, please feel free to contact Rose @ the Tawow Centre for your award for staying in school and providing her with these details:

Program Eligibility

- ~Any child from the AWN community attending K-12
- If you would like to participate again, Please tell us:
- ~The names of your children/child
- ~Gender of each children/child
- ~Grade
- ~Boot size please indicate if it is child or adult sizes

QUESTIONS: Contact

Andrea Hansen |
Sustainable Development Advisor |
ConocoPhillips Canada
O: 403.260.1913 | M: 403.968.1503

ConocoPhillips
Canada



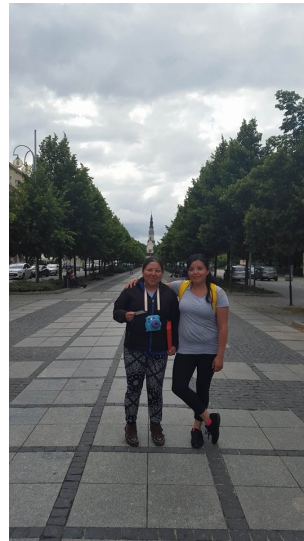
World Youth Day

Written by Lauren Moberly

This year two members of the Grande Cache and Susa Creek Parish, Lauren Moberly and Connie Wanyandie made it to the pilgrimage to Krakow, Poland in July to take part in World Youth Day.

World Youth Day (WYD) is an event for young people organized by the Roman Catholic Church. World Youth Day was initiated by Pope John Paul II in 1985. The 1995 World Youth Day closing Mass in the Philippines set a world record for the largest number of people gathered for a single religious event (with 5 million attendees)—a record surpassed when 6 million attended a Mass celebrated by Pope Francis in the Philippines 20 years later in 2015.

This July and early August myself and Connie travelled to Krakow Poland for World Youth Day 2016. We stayed in Krakow for 10 days and stayed with a great host family and four other Albertans too. While we were there, we saw so many different and beautiful sights. On our travels around the city we met an Ojibwa family from Ontario there as well for WYD. Along with participating in various events there the most memorable was our walk to the field where the Vigil was held and presided by Pope Francis. That night pilgrims are to stay the night in the field till the next morning when Pope Francis will have the last mass of WYD for the 3 million pilgrims in attendance. Once back in the city of Krakow myself and Connie managed to make it back to our hosts home. They told us they wanted to take me and Connie two hours away to the town of Cz stochowa, where the portrait of the 'Black Madonna' resides. The next day when we arrived in Cz stochowa; we were lucky to see the portrait of the 'Black Madonna' and also see the museum of Saint John Paul II which houses some of his belongings and more. It would be hard for me to fit in everything we saw into this newsletter, but this was my first World Youth Day and I'm so glad I was able to be a part of it along with Connie. Fortunate enough to have the best host family take care of us while there and we had a great time while in Krakow. We really want to thank Rachelle & Bonnie who took the time from their schedules to help us with our trip. We are so grateful for the company's listed below who donated funds for this trip for us. Thank you all so much, this trip was amazing for us and has brought our



faith to new heights. Thank you all! Our contributors where: AWN, ADC Catholic Woman's League Knights of Columbus, Loran bus Charters, Willmore Wilderness Foundation The next world youth day is in Panama 2019.



Wellness Wheel Stew & Bannock

When: Thursday,
September 15, 2016
Time: 12-3
Where: Tawow Centre
(Upstairs)

This is a support group for those that are seeking more knowledge about addictions and ways in which to identify and use successful coping skills for life stressors. This program is using the Medicine Wheel as the main teaching tool to examine and share traditional knowledge to assist us in balancing our lives towards wellness. We look forward to seeing you there!



FASD Day

In recognition of FASD Day, Drop in to the Tawow Centre to enter your name to win a Gift Basket full of wonderful prizes during the week of September 6-9 2016. Draw date: September 9th at 4:30-5PM

INFORMATION

**Date: September 9th,
2016**

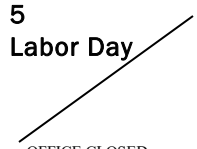

**Where: The Tawow
Centre (10008 99th
Street)**

**For more information
call Nancy @
(780) 827-3324**



NORTHWEST ALBERTA

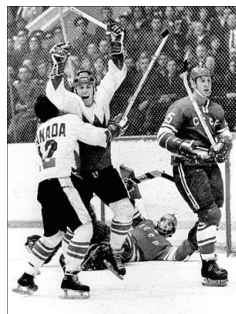
September 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5 Labor Day  OFFICE CLOSED	6	7 TLU Camp 	8	9	10
11 Grandparents Day 	12	13	14 TLU Camp 	15 Wellness Wheel 12-3PM	16	17
18	19 Community Meeting @ Eagles Nest 6-9PM	20	21	22	23	24
25	26 Elders Council Presentation 10.30AM @ AWN	27	28	29	30	

This Day in History

•The first Canadian gold bullion coin, stamped with a Maple Leaf, went on sale, on September 5, 1979.

•Few Canadian have been credited with deeds as momentous as the goal Paul Henderson scored for Team Canada. On September 28th 1972, a converted rebound, with thirty-four seconds remaining in the final game of the first ever Canada-Russia series, turned back a relentless Soviet Union advance in the climactic eighth match and gave Canada a victory, that's still remembered.



Bent Arrow Traditional Healing Society



in partnership with



MacEwan University-Aboriginal Education Centre

Round Dance Sat. Sept 10, 2016

Main Gym, Mac Ewan University
City Centre Campus 104 Ave/109 St.
Edmonton, Alberta
4:00 pm to 9:00pm

- Pipe Ceremony/Feast 12:00-3:00pm
- Multi-purpose room in 107st building
- Round Dance to follow until 9:00pm.
- First 10 Lead Singers will be paid
- MC and Stickman—will be announced
- Giveaway, Raffles and 50/50 draws

Come join us in our celebration!

Bent Arrow or MacEwan University will not be held responsible for damages to persons or property incurred at this function. **NO ALCOHOL or DRUGS ALLOWED!** Security will be on site. No independent soliciting of any items. For more info call Bent Arrow Community Events Committee at: 780-481-3451



The Latest From The Office



COMMUNITY MEETING

Aseniwuche Winewak Nation
Community Meeting About the
Northern Gateway Pipeline Project

Monday, September 19, 2016
6:00PM - 9:00 PM
At Eagle's Nest

Complimentary food and beverages will be
served by Northern Gateway.
All community members are welcome!

JOIN the CONVERSATION

facebook.com/enbridgenortherngateway
 @northerngateway 1.888.434.0533
www.gatewayfacts.ca



NEED SOMEONE TO TALK TO AND YOU DON'T KNOW WHO TO TURN TO?

Crisis Lines are 24 Hours and you
can choose to remain
anonymous.

BULLYING HELP LINE

1-888-456-2323

CHILD ABUSE HOT- LINE

1-800-387-KIDS
(5437)

CHILD DISABILITY RESOURCE LINK

1-866-346-4661

FAMILY VIOLENCE IN- FO LINE 310-1818 (TOLL-FREE, 24/7)

PARENT INFOR- MATION LINE

1-866-714-KIDS
(5437)

AADAC HELP LINE

1-866-332-2322

KIDS HELP PHONE

1-800-668-6868

PARENT HELP LINE

1-888-603-9100

MENTAL HEALTH HELP LINE

1-877-303-2642

SMOKER'S HELP LINE

1-866-332-2322

Fast and Female In Grande Cache

Calling all girls 8 to 18 years old! Join us for a afternoon of girl power! Includes:
physical literacy fitness circuit, yoga & dance party, autographs, plus an
inspirational chat with our Fast and Female Ambassadors.

Fast and Female Ambassadors:

Erica Wiebe - Rio 2016 Olympics, Canadian Wrestler

Jessica O'Connell - Rio 2016 Olympics, Canadian Track and Field 5000m

WHEN: Friday September 30, 2016 from 12:00pm - 4:00pm

WHERE: Summitview Middle School, Grande Cache, AB

WHO: Girls ages 8-18 years old

Ticket: Compliments of Jupiter Resources and Secure Energy Resources

Online registration closes September 28th at 5pm MST. If you would like to attend and have
missed the registration deadline please email info@fastandfemale.com for more details.

Click here to register <https://ffccgrandecacheab.eventbrite.ca/>





Traditional Land Use



ABORIGINAL EQUITY
PARTNERS

NORTHERN GATEWAY SUMMER/FALL 2016 UPDATE LEGAL AND REGULATORY TIMELINE

Fall 2014

The Federal Court of Appeal (FCA) grants leave to nine applications for judicial review and consolidates them into one proceeding.

October 1-2/5-8, 2015

FCA holds hearings, one of the longest in the court's history.

May 6, 2016

Northern Gateway and the Aboriginal Equity Partners' Stewards jointly file a request to the National Energy Board (NEB) to seek a three-year extension of the sunset clause in Northern Gateway's Certificates authorizing the Project (Extension Request).

June 27, 2016

The NEB closes the public comment period on the Extension Request.

Over **217 letters of support** for the extension request from individuals, businesses, associations, municipalities and First Nations and Métis communities are filed.

JUNE 2016 LETTERS OF SUPPORT FOR THE EXTENSION REQUEST

44 letters from First Nations and Métis communities

29 municipalities and governments

91 supportive businesses from BC, Alberta and Canada

Unanimous support from the BC and Alberta Chambers of Commerce representing 25,000 and 32,000 businesses, respectively

June 30, 2016

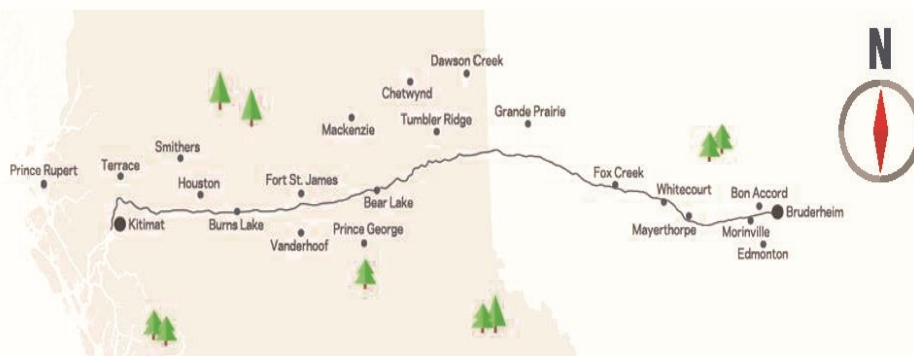
The FCA releases its decision and finds that the Joint Review Panel recommendation was acceptable and defensible on the facts and the law. However, it concludes that the Federal Government's consultation with First Nations and Métis peoples was insufficient and therefore incomplete.

In a two-thirds majority decision, the FCA overturned Northern Gateway's approval certificates and puts the matter back to the Federal Government who now has three choices:

1. Deny the application.
2. Conduct new consultations with the First Nations and Métis communities along the pipeline route and re-determine whether to approve the project.
3. Refer the matter back to the NEB.

At this point in time, the Federal Government has not indicated how it will proceed.

Northern Gateway Map



Northern Gateway pipeline route map for illustrative purposes only.

ELDERS COUNCIL PRESENTATION:

IF YOU ARE INTERESTED IN FINDING OUT MORE OF THE RECENT CHANGES IN THE PROVINCIAL SENIOR PROGRAMS OR HAVE ANY QUESTIONS, PLEASE ATTEND ON MONDAY SEPTEMBER 26, 2016 @ 10:30 AM AT THE AWN BOARD ROOM. WE WILL PROVIDE A TRANSLATOR AS WELL.

Hi. I will be in Grande Cache to provide updates to the provincial senior programs as there are new income thresholds, a new housing repair program and also changes to the Special Needs Assistance program.

Bev. Lavender-Marsh

**Stakeholder Engagement
Advisor – Northwest Region
Engagement & Community
Partnerships**

Alberta Seniors & Housing
Grande Prairie, AB

Phone: 780-538-5300

Fax: 780-538-5308

Email: beverley.lavender-marsh@gov.ab.ca

Website: www.seniors-housing.alberta.ca

COMMUNITY CONNECTIONS

To promote services in our community & encourage active living

September 7th 2016
5:00-7:00PM

At the Grande Cache
Recreation Centre



FASD Day

Vision Statement

We envision a province where women with substance use issues are well supported in their communities to have healthy pregnancies and healthy families.

SEPTEMBER 9, 2016 IS INTERNATIONAL FASD DAY AROUND THE WORLD

You only need one minute to join in the awareness. You are invited to share in the "Minute of Reflection" 9:09 a.m. on September 9, as it goes around the world.

In this magical moment the ninth minute of the ninth hour of the ninth day of the ninth month we want to get out the message that in the nine months of pregnancy, while breastfeeding or planning to conceive, women should not drink alcohol. In this minute, we also want the world to remember those millions of people around the world who are living with fetal alcohol disorders. If a large bell or carillon is not accessible or appropriate, participants can do many things to observe that special minute in accordance with their own cultural background or religious beliefs.

The **Minute of Reflection** symbolizes the worldwide circle of community which links all of us who care about FASD, all of us who are working towards prevention, all of us who are trying to help children and adults with fetal alcohol disorders reach their full potential. Here are more suggestions for observing the Minute of Reflection.

- Alone or with others, sit outside quietly and listen to the birds, or the wind blowing through the trees, or water lapping against the shore of a river or lake. You may want to focus on the wonderful gifts and strengths of the person(s) with FASD in your life.
- Say a prayer or recite a poem appropriate to your beliefs or culture.
- Sing a song or hymn.
- Listen to an excerpt of your favorite music. (Any suggestions?)
- Play a musical instrument, alone, or with fellow musicians, or ring tiny bells and "triangles" as the children of Queen of Apostles School, Toledo, OH did at 9:09 a.m. on September 9, 1999.

Simple silence.

Each person with FASD is different, and those of us who love them respect their differences. Respecting each other while working together is what FASD Day is about.

24/7 Hour Hotlines (Unless otherwise stated)

Sometimes we just need someone to talk to for support. Call one of the numbers below if you need some help. All numbers are free of charge to call.

- Addiction Services Helpline - 1-866-332-2322
- Alberta Supports Contact Centre - 1-877-644-9992 - 8:15 am - 4:30 pm
- Bullying Hotline - 1-888-456-2323
- Child Abuse Hotline - 1-800-387-5437
- Family Violence Info Line - 310-1818 (toll free)
- Health Link Alberta - 1-866-408-5465 (LINK)
- Income Support Contact Centre - 1-866-644-5135
- Kids Help Phone - 1-800-668-6868
- Medication & Herbal Advice Line - 1-800-332-1414



Summertime School Time

Most parents genuinely want their kids to do well in school, and there is a great deal that parents can do to make school success more likely. This may seem like an odd time to talk about our kids in school, since most school-age children in the Northern Hemisphere are on summer vacation right now.

First, and far above all else, find out how to build your child's self-esteem and work at it steadily. There is nothing more important than strong, warranted self-esteem for success in school, or anywhere else for that matter.

Second, get personally involved. Your kids may try to persuade you to back off, but parental involvement is something that they really do need and want. Get to know their teachers. Ask both child and teacher about what goes on in class and listen attentively to their answers. "How did your day go?" is just as much a part of building your kids' sense of self-efficacy.

Spend time working on projects, with your kids taking charge of planning and execution, as challenging as their age and maturity can handle. And yes, check on them. Ensure that they have a good place to work and help them keep track of assignments so they get them done on time. Review assignments and tests with them when they come back, praise their success, and correct mistakes.

Teach them how to break large tasks down into smaller, more manageable pieces, how to assign priorities, and the importance of rewarding themselves when they accomplish a goal. And as they get older, draw the links to how important these skills are in the workplace.



PCAP Program

Tansi,

I just wanted to take this time to let you all know that I am now the current PCAP (Parent Child Assist Worker). The PCAP program's primary goal is to prevent future births of alcohol and drug exposed children. I am hoping to obtain this by addressing the needs of mothers and assisting in their physical, emotional, mental and spiritual well-being.

My role as the FASD Support worker has been rewarding on so many levels and I am honored that so many of you allowed me to be part of your healing journey. I am so moved by the courage and strength that each and every one of you have shown. All those that have been involved in the FASD Program are the ones paving the way for the future of the Nation and making it easier for those that want to reach out for the help and support. I want to thank you all for being strong and brave and remember that no matter how alone you may feel at times, this program and all the other agencies are only a phone call or visit away.

Doreen Delorme is now the full-time FASD Support Worker and she will be working alongside with me in a similar capacity. She has an abundance of knowledge, teachings and experience in this role and I am excited that I have an opportunity to work with a strong woman who is very passionate about the well-being of her clients, family and all of her fellow community members.

I am accepting clients and I am available to discuss any type of supportive initiatives that you may feel be beneficial for our mother's and women. Please drop by the office for a coffee or give us a call as we would be very excited to talk about ways in which we can be the best support for your families.

In Spirit,
Nancy Peekeekoot
780-827-3324



JOB OPPORTUNITY

ADC is currently looking for a Mechanical Labourer

Position Overview The incumbent performs a wide range of duties independently or as part of the mechanical team for ADC Mechanical Division. Labour activities performed may include, but is not limited to: maintenance, heavy lifting and labour intensive activities, operation of small tools and equipment, and cleaning.

Standard Safety Responsibilities:

1. Take required safety training, such as WHIMIS, First Aid, etc.
2. Wear Appropriate & required Personal Protective Equipment.
3. Take responsibility for your own and colleagues safety.
4. Reports all unsafe conditions, incidents and injuries.

Physical Demands: This position involves medium work, most of it standing or walking, lifting, pulling, carrying, pushing, exerting 20 to 50 pounds of force occasionally, or 10 to 25 pounds of force frequently, or greater than negligible up to 10 pounds of force constantly to move objects

Application: To take advantage of this opportunity, please come in person to the ADC office located at 9600-104 Avenue in Grande Cache and ask for the Mechanical Manager, or email your resume to: Email: rmberly@adcalberta.com The **deadline** for applications is **September 09, 2016**. ADC thanks all applicants for their interest.

For more information regarding this position, please head over to the ADC website: www.adcalberta.com

CONGRATULATIONS!

to Tia Eeles for winning the Manitoba mukluks and Brandy McIntyre for winning the tummy time draw! Feel free to come in and claim your prize at the Tawow Centre.



HOME SUPPORT FOR THE ABORIGINAL COMMUNITY

(Pilot Program)

For further information regarding this project, please contact the Project Coordinator, Emily Ernst at the FCSS office 780-827-4336 or Emily.Ernst@grandecache.ca

WHAT CARE IS PROVIDED?

- Light housekeeping duties
- Assist in light meal preparation

WHO IS ELIGIBLE?

- Home support is for all age groups including:
- The elderly
 - Pre and post natal help
 - Post surgery or accidents

The Home Support Program provides caring, responsible persons offering practical in home care to aboriginal families residing in the surrounding coops experiencing disruptions of normal family routine.

This Pilot Program is being offered in partnership with the Municipal District of Greenview FCSS.





Parent Link Centre

Grandparents Tea and Biscuits

Dear Nanny and Poppy,
You are invited to the Parent Link Centre for Tea and biscuits to celebrate all the quality time you spend with your Parent Link Grandchildren.



When: Sunday September 11, 2016 from 12-1:30pm
Where: Parent Link Centre of Grande Cache

Crafty Stories

Come on in for a story and a craft!
 Work with your child to build literacy skills and have fun making a craft that matches the story we will be reading together!
 Snacks will be provided
 All families are welcome!

Where: The Parent Link Centre @ The Tawow Centre
When: Sept 8, 11:30-12:30PM
Sept 15, 11:30-12:30PM
Sept 28th, 11:30-12:30PM

parentLINKcentre

TGIF

Thank Goodness It's Sensory Friday

Looking for something to do on a Friday morning?
 Why not stop by the Parent Link! Your child will love exploring these different sensory bins and activities!
 Help your child's imagination run wild.

Where: The Parent Link Centre @ The Tawow Centre

When: Sept 2, 11:30-1PM
Sept 9, 11:30-1PM
Sept 16, 11:30-1PM



parentLINKcentre

PLAY DOUGH

Tummy Time

Bring your little ones in for a morning of baby sensory exploration! Explore different sensory activities while making your own sensory bags to take home. This program is focused on babies birth to 12 months older siblings are welcome to come as well.

Where: The Parent Link Centre @ The Tawow Centre
When: Sept 7, 8:30-11AM
Sept 14, 8:30-11AM
Sept 28, 8:30-11AM



Karaoke Dress Up Play

At the end of every month we will be hosting a Karaoke + Dress up play party!

Ask one of the Parent Link workers what this month's theme is

